



DID YOU KNOW?



We use red tractor or farm assured meat in our schools.



We use MSC Certified Fish to encourage sustainable fishing practices

Our seasonal fresh vegetables are sourced from local farms wherever possible and we also use fair trade products

DIETARY AND ALLERGEN ADVICE

If your child requires a special diet for medical reasons please contact

SPECIALDIETS@EDWARDSANDWARD.CO.UK

Please note menus subject to change due to unforeseen circumstances



EDWARDS AND WARD SCHOOL

SPRING / SUMMER 2021

MENU



WEEK 1

19/04/2021, 10/05/2021, 31/05/2021, 21/06/2021,
12/07/2021, 30/08/2021, 20/09/2021, 11/10/2021

MONDAY

Quorn Hot Dog with Jacket Wedges (V)
or
Vegetable Bolognese with Spaghetti (Ve)
Sweetcorn, Garden Peas
Chocolate Cookie with Yoghurt (V)

TUESDAY

Jerk Chicken with Rice & Peas (WG)
or
Vegetable Chow Mein (V)
Broccoli Florets, Cauliflower
Courgette & Lime Cake (V)

WEDNESDAY

Szechuan Beef with Egg Noodles
or
Jacket Potato with Veggie Chilli (Ve)
Green Beans, Sliced Carrots
Banana Custard (V)

THURSDAY

Chicken & Sweetcorn Puff Pie with New Potatoes
or
Tomato & Basil Pasta Bake (V) (WG)
Medley of Vegetables
Raspberry Jam Sponge with Custard (V)

FRIDAY

MSC Salmon Fish Fingers with Chips
or
Cheese & Tomato Pizza with Chips (V) (WG)
Baked Beans, Oven Baked Courgettes
Fruit Salad (Ve)

V – Vegetarian Ve – Vegan WG – Wholegrains



WEEK 2

26/04/2021, 17/05/2021, 07/06/2021, 28/06/2021
19/07/2021, 06/09/2021, 27/09/2021, 18/10/2021

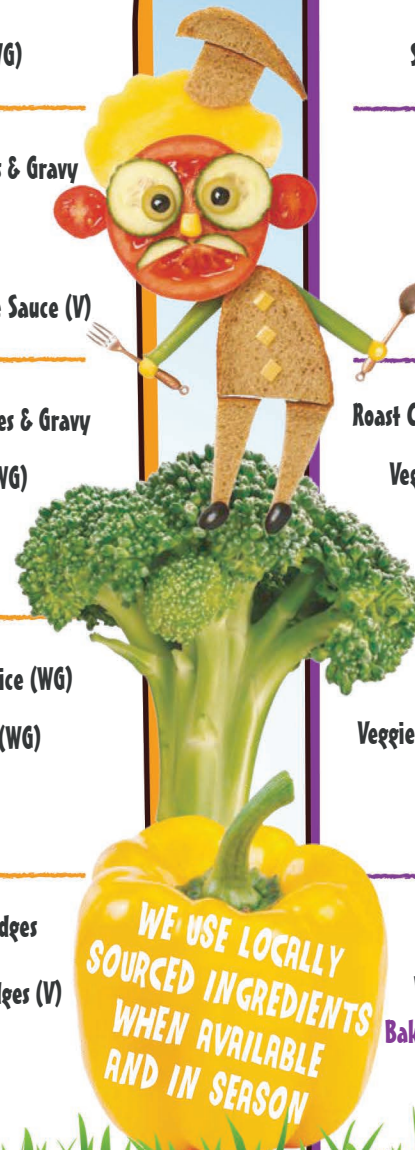
Veggie Mince Chilli Tacos with Savoury Rice (Ve)
or
Jacket Potato with Baked Beans (Ve)
Green Beans, Cauliflower
Apple & Sultana Flapjack (Ve) (WG)

Chicken Sausage with Mashed Potatoes & Gravy
or
Shepherdess Pie (Ve)
Medley of Vegetables
Chocolate & Pear Sponge with Chocolate Sauce (V)

Roast Beef with Rosemary Roast Potatoes & Gravy
or
Vegetable Arabiatta Pasta (Ve) (WG)
Sliced Carrots, Super Greens
Orange Jelly with Pears (Ve)

Chicken Tikka Masala with Steamed Rice (WG)
or
Vegetable Enchilada with Rice (V) (WG)
Sweetcorn, Broccoli Florets
Cherry Swirl Sponge (V)

MSC Battered Fish with Jacket Wedges
or
Cheese & Leek Pasty with Jacket Wedges (V)
Baked Beans, Garden Peas
Fresh Fruit Platters (Ve)



WEEK 3

03/05/2021, 24/05/2021, 14/06/2021, 05/07/2021
26/07/2021, 13/09/2021, 04/10/2021

Sticky BBQ Chicken with Rice (WG)
or
Mac Cheese (V)
Broccoli Florets, Sweetcorn
Strawberry Ice Cream with Peaches (V)

Beef Ragu with Penne Pasta (WG)
or
Vegetable Biryani (Ve) (WG)
Shredded Carrots, Green Beans
Pineapple Upside Down Cake
with Custard (V)

Roast Chicken with Roast Potatoes, Stuffing & Gravy
or
Vegan Sausage Roll with Roast Potatoes (Ve)
Medley of Vegetables
Strawberry Jelly with Fruit (Ve)

Chilli Beef with Rice (WG)
or
Veggie Sausages with Parsley Potatoes & Gravy (Ve)
Garden Peas, Sliced Carrots
St Clements Sponge (V)

MSC Bubble Crumb Fish with Chips
or
Veggie Burger in a Bun with Chips (Ve)
Baked Beans, Roasted Courgettes & Tomatoes
Fresh Apple & Cheddar Cheese (V)



Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY – FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.