

Dear families,

### **Carnival 2023**



February is always a very exciting month at APSOL as we celebrate Carnival in line with Brazil and Portugal. The theme for this year's Carnival is: **Birds** – different species, importance of birds and their role in the ecosystems.

On **Monday 20<sup>th</sup> February**, all children can come to school wearing their home-made costumes. All family members can join our annual **Carnival Parade on Monday 20<sup>th</sup> February at 3:15pm**, also in costume if desired. Capoeira teachers at APSOL will be leading the parade with music and instruments. There will be a parade outside the school followed by a carnival gathering in the hall organised by our parents.

As this will be a family project, the carnival costumes will be the home-learning project for Term 4. If you need inspiration for your home-made costumes: <https://www.birdlife.org/news/2019/01/04/why-we-need-birds-far-more-than-they-need-us/#:~:text=When%20birds%20travel%2C%20they%20take,us%20%E2%80%93%20and%20around%20the%20world.>

Please see this link to our Gallery showcasing last year's Carnival:

<https://angloportugueseschool.org/en/art-weeks/>



### **APSoL's Got Talent 2023**

At APSOL, we believe that individual talents and interests should be encouraged and nurtured from a young age. We are planning to hold our Talent Show after the half-term giving everyone plenty of time to rehearse! Talent shows can be seen as a way to help boost self-esteem, confidence and self-assurance as well as for the children to share their interests with others. **If you would like to enter your child for this year's APSoL's got Talent, please complete the digital form below by Friday 10<sup>th</sup> February.** This is not a compulsory activity, children enter if they wish. During the first week after half-term, there will be a shortlisting process. Shortlisted applicants will then perform to their parents and to the school on **Monday 27<sup>th</sup> February** at 2:30pm.

**Entry forms:** <https://forms.gle/otavCsSgUr3ZtMTn6>

## Safeguarding & notices for Parents:

### Drop-off and pick-ups by car

Please park along Courthouse Way road if picking up or dropping off, to avoid obstructing school entrance at busy times or causing an accident.

### e-safety (online safety) – Parents what to know fact file

[https://school-learningzone.co.uk/documents/%5B405519%5DThink\\_u\\_Know - Parents Help Sheet - Primary.pdf](https://school-learningzone.co.uk/documents/%5B405519%5DThink_u_Know_-_Parents_Help_Sheet_-_Primary.pdf)

From Wandsworth Council:

**WalkwithMeUK** is an Award Winning Non-Judgmental Support and Guidance Service that equips parents, carers, guardians with life long strategies and tools to practically manage the challenges that they are faced with such as violent, aggressive, destructive and much more behaviours amongst Children and Young People (5yrs+) using the Non-Violent Resistance (NVR) approach.



## DO YOU HAVE A CHILD WITH CHALLENGING BEHAVIOUR

### ARE YOU A PARENT, CARER OR GUARDIAN WHO WOULD LIKE TO ...

- ◆ Share your concerns with others who understand?
- ◆ Feel supported and listened to in a friendly environment?
- ◆ Have information of what to do, where to go and who to call?

WalkwithMeUK has years of experience to equip Parents, Carers, Foster Carers, Guardians etc with strategies and tools to practically manage situations like school exclusions, SEND, grooming, exploitation etc that are due or linked to behavioural challenges amongst children and young people. To strengthen and rebuild relationships within families and communities using the Non-Violent Resistance (NVR) approach

## WE OFFER:

- ◆ INNOVATIVE, INTERACTIVE GROUP SESSIONS AND WORKSHOPS
- ◆ 1:1 SUPPORT
- ◆ EMERGENCY ADVICE
- ◆ ADVOCACY

### BENEFITS

- ◆ Improve communication with child and parent effectively/positively
- ◆ Increase confidence/self-esteem when challenged with difficult behaviours
- ◆ Promote selfcare/well being
- ◆ Feel more supported holistically
- ◆ Adopt a better understanding within a family setting and working in partnership with the agencies and communities

**Referrals:** WalkwithMeUK is a registered Community Interest Company (C.I.C) formal programme where professionals can refer parents/carers. Individuals can also self-refer by completing a referral form, which can be found on our website or email [info@walkwithmeuk.co.uk](mailto:info@walkwithmeuk.co.uk)

**Package:** Subject to what service(s) is required, consultation prior to enrollment of an agreed package will be offered to introduce the schedule of the programme and to complete various forms.

For more information/enquiries/costs

☎ 07883 654495  
✉ [info@walkwithmeuk.co.uk](mailto:info@walkwithmeuk.co.uk)  
🌐 [www.walkwithmeuk.co.uk](http://www.walkwithmeuk.co.uk)

**Men and Women are welcome!!!**

Registered C.I.C

Lifetime Community Award Winner 2018



"The NVR Programme lasts a short time but the benefits can last a lifetime"

## Forest school sessions

Reception	Year 1
27 <sup>th</sup> January	3 <sup>rd</sup> February
10 <sup>th</sup> February	24 <sup>th</sup> February
3 <sup>rd</sup> March	10 <sup>th</sup> March
17 <sup>th</sup> March	24 <sup>th</sup> March

**Forest school wellbeing break:**  
 As previously communicated, staff take oat/rice cakes and fruit organised by parent reps and the school for children to have at the Forest School. Please do not send large amounts of snacks as it is not fair on the children to have to carry these.  
 Thank you for your co-operation with this.

## Important Dates:

6 <sup>th</sup> February at 3pm	Year 2 class assembly – Y2 parents invited
7 <sup>th</sup> February	e-safety Day
8 <sup>th</sup> February at 3:30pm	Reception showcase of learning – Reception parents invited
9 <sup>th</sup> February at 3:30pm	Year 1 showcase of learning – Y1 parents invited
10 <sup>th</sup> February	Deadline for Talent Show entries <a href="https://forms.gle/otavCsSgUr3ZtMTn6">https://forms.gle/otavCsSgUr3ZtMTn6</a>
20 <sup>th</sup> February at 3.15pm	Carnival parade and parent event in the hall
27 <sup>th</sup> February at 2:30pm	APSoL's Got Talent – Talent show for the school and parents of shortlisted children
21 <sup>st</sup> February 4-6pm	Rec-Year2 Parent-Teacher Meetings (1 <sup>st</sup> round)
28 <sup>th</sup> February 4-6pm	Rec-Year2 Parent-Teacher Meetings (2 <sup>nd</sup> round)
2 <sup>nd</sup> March	World Book Day – children come to school dressed as their favourite book character
13-19 <sup>th</sup> March	Science week at APSOL Theme: Connections

Thank you from everyone at APSOL