

NEWSLETTER 10-20th April 2023

Our aims for our Apsolings

At APSoL, we want every child to:

Communicate – fluently in multiple languages Explore – develop a love for learning and an inquisitive mind Challenge – think critically and build resilience

Our Core Values:

Apsolings work together to create a safer, happier and fairer world for everyone. Apsol's values provide an ethos which unites and empowers everyone to gain confidence, think critically, and seize opportunities to excel in an ever changing world.

We:

- understand our rights and respect the rights of others
- value and respect everyone equally
- behave with consideration and kindness
- care for our environment and our planet
- embrace challenges and put in our best effort
- communicate, explore and challenge



Eid



Happy Eid!

We would like to wish our Muslim school community, a very joyful Eid. Eid ul-Fitr or Eid al-Fitr marks the end of the holy month of Ramadan. All the children had a school assembly about Ramadan and how Muslims prepare for Eid.

Thank you to one of our Reception parents, Nas, for visiting Reception and teaching the children about this celebration.

APSOL ducklings!

This week, there has been a lot of excitement at APSOL! The children in Reception welcomed our youngest members: little ducklings who they have named as a class. Please meet:

In addition to these little ducklings, Reception children are also monitoring the growth of their very own butterfly as they are learning about growth and lifecycles.



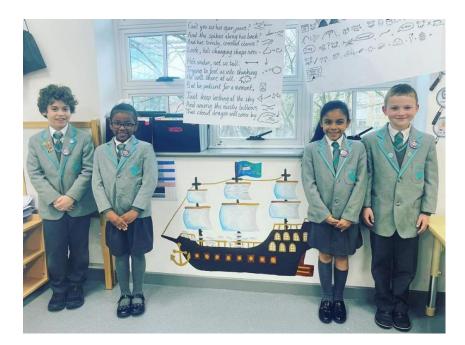
Positive Behaviour & Relationships – Policy



As previously communicated last term, we have now initiated our new behaviour management system, elected by the children. In addition to having a new behaviour management system which has a stronger focus on praise and reward, we have also ensured that our behaviour policy is more thorough and provides clear guidance on our expectations and how we deal and support children with their behaviour. As a polite and happy school, any incidents where harm is caused to others (physically/verbally) or inappropriate language is used (swearing), will be dealt with immediately. Please ensure that you have read our policy when communicating any behaviour-related concerns or queries to the school. Thank you for your continued support with this.

https://angloportugueseschool.org/wp-content/uploads/2023/04/APSOL-Positive-Behaviour-Relationships-Policy.pdf

Celebration



Congratulations to Luca, Juliette, Lydia-Isabella and Vladimirs for reaching the APSOL flag and being entered in APSOL's book of honour.

Thank you to Noah and Alice for your presentation of the APSOL Galleon! This video will be uploaded to our website!



 Year Colspan="3">Year 1
 Year 2
 All Years

 Attendance
 93.40%
 94.38%
 92.65%
 93.41%

Our collective attendance target is 96% please help us to meet this! Year 1 you are nearly there!

We take pride in our children looking and feeling their best. Please ensure that you support the school (as part of our home-school agreement) in adhering to our uniform policy. If you need support with any item of uniform, please speak to Ms Susan in the school office or any member of the Senior Leadership Team. Thank you in advance for your co-operation with this.

School uniform:

- ✓ Blazer worn to school everyday
- ✓ Black school shoes
- ✓ Grey socks/tights
- ✓ Grey school trousers/skirts/skorts/pinafores
- ✓ White shirts
- ✓ School tie must be worn every day
- ✓ If your child needs to wear a vest, this must be white and worn under school shirt

School PE uniform:

- ✓ School sweater and jogging bottoms
- ✓ School PE white t-shirt no other t-shirt should be worn under school PE uniform
- ✓ Trainers (any)



Online safety & E-safety workshop at APSOL

More and more children use the internet, not just at school but also at home. As such, it is important to support children with this part of their development.

On Wednesday 24th April, we have organised for <u>each class</u> to participate in a **drama-based internet safety workshops** that will hopefully empower our children to become digitally resilient.

We recommend that parents also get up-to-date information and guidance about safer internet use particularly if you allow your children to use devices with access to internet including mobiles, tablets, ipads, laptops and PCs.

Please see this link to London Grid For Learning parent portal which contains lots of information, advice and videos to support you and your family to stay safe whilst navigating the web.

https://parentsafe.lgfl.net/

By following this link or clicking on this photo, you can find information about:



If you need support with any matter relating to online safety, you can:



1. You can always speak to your child's school for advice, but there are many other places to go for help.

2. If you are worried about any child, call the <u>NSPCC</u> <u>helpline</u>. In an emergency, call 999.

3. There are plenty of specialist helplines. Visit <u>reporting.lgfl.net</u> to find out how to remove content from social media and where to report bullying, racial

hatred, terrorism, sexual abuse and more.

4. There are also links for children and young people to get help directly, such as <u>Childline</u> or <u>The</u> <u>Mix</u> (for 13-25s).

Appendix 11 – Page 32 of our school's <u>Positive Behaviour and Relationships Policy</u>, contains our <u>online</u> <u>safety agreement</u> for our pupils but also expectations for parents and carers. See Appendix 11 of the policy below.



Appendix 11

EYFS (Early Years Foundation Stage) & KS1 (Key Stage One) Online Safety Agreement

Our school rules for internet and phone use - these rules will keep everyone safe and help us to be kind to others:

FOR PUPILS:

- I will ask permission before using a computer, iPad or phone and before going online
- I will only use a device in a shared space where an adult can see my screen
- My parents and carers will decide on an agreed amount of screen time for me
- I will only access content that is appropriate for my age
- I will close any page I am uncomfortable with and then tell an adult I trust
- I will only chat to or message people I know and trust when I am online
- The messages and posts I send will always be kind and friendly
- I will tell my teacher if any unkind messages are sent to me
- I will only change or delete my own work
- I will ask permission before downloading anything at home
- I understand that I need to ask my parents or carers when a payment is needed
- I will not give out any personal information online, such as my name, phone number or address
- I will not upload images or videos of other people without their permission
- I will never arrange to meet anyone that I have met online
- I understand that the school and my parents and carers will monitor my devices

FOR PARENTS/CARERS:

It is our experience that families who have established firm guidelines around online use when their children are young, have a much easier time once they reach secondary school age. This good practice becomes a habit and allows a sense of the child being in control rather than the device controlling the child.

It is our hope that by providing a suggested framework, we will enable parents/carers to feel confident in drawing up a contract with their children, which reflects them as a family - rather than pressure they may feel from children and their peers.

Best Practice guidelines for primary school age children:

- Your child must provide the passwords on all digital devices used in the home
- Digital devices should be left downstairs in a centralised area of the house at bedtime If your child claims the need to have the telephone as an alarm, buy them an alarm clock
- > Devices are used only in public areas of your house no devices in bedrooms
- Insist on house rules being acknowledged by guests, as well as by your own children

Important Dates:

e-safety workshop for every class (Reception to Year 2) at APSOL
Bank holiday – school closed
Reception class trip to Chelsea Physic Gardens
Bank holiday – school closed
KS1 SATS week
GB Olympian, Victoria Ohuruogu at APSOL
Y2 Wild animals workshop at APSOL
3:15pm Reception class assembly for parents/carers
3:15pm Year 1 class assembly for parents/ carers
Last day of term, school closes at the usual time, all clubs on.
School closed
School starts – all clubs on as usual
Author: Clara Macedo Cabral at APSOL

Forest school sessions

Reception	Year 1
21/4 5/5 19/5	28/4
5/5	12/5
19/5	26/5

Forest school wellbeing break:

As previously communicated, staff take oat/rice cakes and fruit organised by parent reps and the school for children to have at the Forest School. Please do not send large amounts of snacks as it is not fair on the children to have to carry these.

Thank you for your co-operation with this.

New Reception families September 2023

Parents and carers whose children will be starting Reception in September 2023 have received a welcome email. Please contact the school office if you haven't received your email.

Tel: 0203 417 0905 or email: info@angloportugueseschool.org

If you know anyone who would like to join next year's Reception or other year groups, please ask them to get in touch with the school office.

Safeguarding concern?

For some children and families, home isn't a safe place.

If you have heard or seen anything that makes you concerned about a child's safety, even if you're unsure, please contact SPA (Wandsworth Single Point of Access) on 0203 513 5000, to speak to a professional for advice, support and information.

Safeguarding is everyone's responsibility. #KeepOurChildrenSafe.

If you think a child is in immediate danger you should call 999

https://www.swlstg.nhs.uk/our-services/find-a-service/service/ww-spa

You can also share any concerns about a child's safety with Marta Correia, Principal and Designated Safeguarding Lead.