



anglo.portuguese
School of London



SEPTEMBER NEWSLETTER

Message from the Headteacher

Dear families,

Welcome back to a brand new academic year at the Anglo-Portuguese School of London! I hope you and your families had a restful and joyful summer break.

It has been wonderful to see the school full of energy once again, with our children returning with bright smiles, curiosity, and enthusiasm for learning.

A particularly warm welcome goes out to our new Reception families, and to all those joining APSOL for the first time, we are so pleased to have you as part of our vibrant, bilingual community.

At APSOL, we are proud to offer a unique curriculum that celebrates languages and nurtures our children to become confident, caring, and multilingual learners. This year, we look forward to building on the successes of last year, continuing to raise standards in literacy, numeracy, and Portuguese language learning, while also giving children rich opportunities through music, the arts, and outdoor learning opportunities.

As always, our dedicated staff have worked hard to prepare an exciting and purposeful start to the term. It's been a joy to visit classrooms and see children settling in so well, already showing resilience, curiosity, and kindness, which are values we hold dear as a school.

I would like to thank you for your ongoing support. The strength of our school lies in the close partnership between families and staff, and I look forward to working together to ensure your children have a happy, successful and fulfilling year ahead.

Thank you to the FoAPSOL and everyone who baked for this year's first bake sale last Friday.

Marta Correia
Principal



At the beginning of the month, Ms Lucy led a very exciting staff training day, on the new curriculum developments with art at APSOL!



Art Curriculum Update: Ms Lucy Mathieson

This term in Art lessons at APSOL, all our classes have been focusing on developing their drawing skills. The children have enjoyed using their brand-new sketchbooks to explore line, shape, pattern and texture, experimenting with a variety of pencils and mark-making techniques.

In EYFS and KS1, the children have been exploring how simple lines and shapes can be combined to create more detailed drawings. They have been practising how to observe carefully and represent what they see.

In KS2, pupils have been developing their ability to show tone, depth and perspective in their work. They have also been encouraged to take creative risks by trying out different techniques and reflecting on how their drawings can be improved.

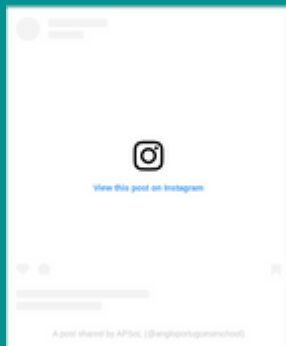
Across the school, sketchbooks have provided a space for children to practise, experiment and celebrate their artistic journey. We have been so impressed with the ambition and originality the children are showing already this year. We can't wait to see how these skills will continue to grow and feed into their next Art projects!

Reception 2026 Open mornings

Please contact the school office to book 0203 417 0905
info@angloportugueseschool.org

6 October 2025 at 9:30am

4 November 2025 at 9:30am



For admissions and tours please contact the school office 0203 417 0905 - Admissions form:
<https://forms.gle/Xck43KrR5BHcvab3A>



anglo.portuguese School of London

CELEBRATION ASSEMBLIES SEPTEMBER



Fantastic Results in Portuguese Exams

We are delighted to announce that the children at APSOL achieved outstanding results in their Portuguese language exams, with a **100% success rate**.

A special congratulations goes to **Noah in Year 5**, who achieved an impressive **99%**, the **highest score of all children who took the exam in the UK!**

Well done to all our children. We are very proud of your hard work and dedication.

Resultados Fantásticos nos Exames de Português

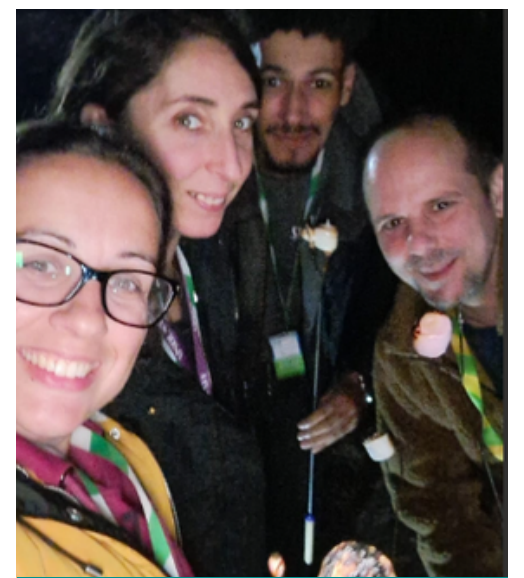
Temos o prazer de anunciar que as crianças da APSOL obtiveram resultados excecionais nos exames de língua portuguesa, com uma taxa de sucesso de 100%. Um especial parabéns ao Noah Veraldo, que alcançou a classificação de 99%, a mais alta entre todas as crianças que realizaram o exame no Reino Unido. Muitos parabéns a todos os nossos alunos. Sentimo-nos muito orgulhosos do vosso empenho e dedicação.





anglo.portuguese

YEAR 4 & YEAR 5 PGL RESIDENTIAL PGL MARCHANTS HILL



29 & 30 September Y4 & Y5 first residential

Massive thank you to Sara, Andreia, Oscar and Regan for making this such a memorable experience for the children.



anglo.portuguese School of London



MUSIC AT APSOL



School Choir Update

The APSOL choir rehearses every Tuesday morning before school - a great way to start the day! We warm up our voices and practice some vocal exercises, before singing rounds and partner songs as a step up to singing harmonies. We talk about the songs as well, exploring the musical elements, history and what the song means. We finish every rehearsal with a singing game!

In September, we have started rehearsing songs for our Christmas School Choir Carol performance. We're all very excited and can't wait to show you what we've practiced!

Everyone from Year 3 and up is welcome to come along!

Mrs Kirkaldy

Our guitar club on Tuesday after school (4:00-5:30pm) is with Mr Ahmed who works for the London Maestros Music Academy, part of SWS School of Music.



Music Curriculum Update: Ms Bethany

This term, pupils have been busy developing their musical skills through singing, listening, and playing their instruments.

Reception have been finding the pulse in songs like Happy and enjoying rhythm games with claves. Their topic is 'It's Me', so have been learning a Name Song to develop confidence in themselves.

Year 1 have been exploring Hip Hop in Hey You! and preparing for xylophone playing as an ensemble.

Year 2 have been discovering South African music in Hands, Feet, Heart and learning their first notes few on the recorder. This week they prepared B, A and G using the song Eye on the Tiger.

Year 3 have been singing and playing along to Let Your Spirit Fly, whilst developing their recorder skills from last year. Now they have blown away the cobwebs from their recorders, they will be furthering their note choices allowing them to prepare more challenging repertoire.

Year 4 have been enjoying Mamma Mia! and learning the introductory basics of the Ukelele.

Year 5 have been combining singing and ukulele in their study of Livin' On a Prayer too. Across the school, children have been performing with growing confidence and enthusiasm!





anglo.portuguese School of London



PROVISION UPDATE



We are delighted to have the open courtyard for morning play.

Our lunchtime play continues to be at Gymfinity.

Sports lessons are a combination of PE at St Annes Hall and Parthian Climbing.

Reception & Year 1 have started their Forest School fortnightly sessions.

Year 2 weekly swimming sessions are also going well.



STAFFING UPDATE

Year group	Class Teacher	Teaching Assistant
Reception	Ricardina (Dina) Oliveira	Lauren Regan
Year 1	Michelle Clough Erinrose Kane (cover)	Naoual (Naz) Lamaani
Year 2	Tazi Gunde	Regan McDonald
Year 3	Ellie Clarke	Jessica Fernandes
Year 4	Lucy Mathieson	Andreia Santos
Year 5	Oscar Fielder	Phoebe Akinleye

A full staff list can be found on our school website

<https://angloportugueseschool.org/staff/>

CELEBRATING INDIVIDUAL SUCCESS



Congratulations to Nina for passing her Royal Academy of Dance exam with Distinction!

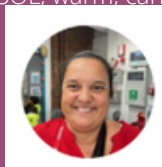


Amanda is learning how to design computer programs at this young age! Massive well done to her for joining her mum and presenting confidently at Pycon UK!



Portuguese Teachers Update

We would like to thank Ms Celia for all her work with Reception and Year 1 Portuguese teaching whilst we waited for the teacher allocation for APSOL by the Camoes Institute. It's been a pleasure having Ms Celia at APSOL, warm, caring and bubbly personality. She will be very missed!



We would like to welcome Ms Maria who will teach Reception and Year 1 Portuguese from October.
Ms Alexandra will continue to teach Year 2-Year 5




Well done to Zephaniah for being the Chorister of the week at his local Choir (JASS)

Autumn Term 2025

Catering & Menus



Meat Menu - click on image for full menu

Autumn 2025

WEEK 1	LUNCH MEAT	DESSERT
MONDAY	<u>Chicken Katsu Curry w Rice</u> Flour: (WHEAT)(GLUTEN), carrots, turmeric, onion, garlic, soya sauce: (SOYA), chicken, rice, honey	<u>Mango Yogurt</u> mango, yogurt: milk (MILK) contains: DAIRY
TUESDAY	<u>Spaghetti Bolognese</u> Beef, pasta: (WHEAT)(GLUTEN), carrots, tomatoes, peas, onion, garlic, basil, vegetable stock, mushrooms, thyme	<u>Banana Smoothie</u> banana, milk: (MILK), Yogurt: (MILK) contains: DAIRY
WEDNESDAY	<u>Meatloaf w Gravy</u> lentil, bread: (WHEAT)(GLUTEN) gravy, carrot, cauliflower, onion, garlic, thyme, vegetable stock, swede	<u>Homemade Strawberry Popsticle</u> Strawberries
THURSDAY	<u>Beefy Macaroni Pie</u> Beef, pasta: (WHEAT)(GLUTEN), flour: (WHEAT)(GLUTEN), margarine, cheese: (MILK), spinach, contains: DAIRY	<u>Fresh Apple</u>
FRIDAY	<u>Potato Wedges w Fish Fingers n Peas</u> Potato, (FISH), breadcrumbs: (WHEAT)(GLUTEN), peas	<u>Lemon Cake</u> Lemon zest, vanilla, sugar, milk: (MILK), eggs (EGG), flour: (GLUTEN)(WHEAT), water, baking soda, contains: DAIRY

Vegetarian Menu - click on image for full menu

Autumn 2025

WEEK 1	HOT TEA VEGETARIAN	DESSERT
MONDAY	<u>Veggie Fingers Katsu Curry w Rice</u> Flour: (WHEAT)(GLUTEN), carrots, turmeric, onion, garlic, soya sauce: (SOYA), honey, rice, breadcrumbs: (WHEAT)(GLUTEN), green beans, sweetcorn, honey	<u>Mango Yogurt</u> mango, yogurt: milk (MILK) contains: DAIRY
TUESDAY	<u>Spaghetti Bolognese</u> lentil, pasta: (WHEAT)(GLUTEN), carrots, tomatoes, peas, onion, garlic, basil, vegetable stock, mushrooms, thyme	<u>Banana Smoothie</u> banana, milk: (MILK), Yogurt: (MILK) contains: DAIRY
WEDNESDAY	<u>Meatloaf w Gravy</u> lentil, bread: (WHEAT)(GLUTEN), gravy, carrot, cauliflower, onion, garlic, thyme, vegetable stock, swede	<u>Homemade Strawberry Popsticle</u> Strawberries
THURSDAY	<u>Macaroni Pie</u> Haricot beans, pasta: (WHEAT)(GLUTEN), flour: (WHEAT)(GLUTEN), margarine, cheese: (MILK), spinach, contains: DAIRY	<u>Fresh Apple</u>
FRIDAY	<u>Potato Wedges w Veggie Nuggets n Peas</u> Potato, breadcrumbs: (WHEAT)(GLUTEN), peas, carrot, onion, sweetcorn, green beans.	<u>Lemon Cake</u> Lemon zest, vanilla, sugar, milk: (MILK), eggs (EGG), flour: (GLUTEN)(WHEAT), water, baking soda, contains: DAIRY

Medication

Administration requests:

If your child needs to have medication at school such as antibiotics, please complete this form:

<https://forms.gle/UEEFnSWQ3K6sYwAx8>

School start time: 8:45am

Please ensure your child is in at this time so that they are well prepared and settled for the morning.

School finish time:

3:50pm Reception, Year 1

4:00pm Y2,3,4,5

Reporting absence:

Please contact the school office on your child's day of absence to report the reason for absence. You can also provide this via the MCAS app.

In-year admissions into other year groups:

If you know anyone who would like for their child to join APSOL, please ask them to complete our in-year admission form

<https://forms.gle/JKKhywo5nC9esQmRA>

For more information on school meals, please visit our school website:

<https://angloportugueseschool.org/school-meals/>



Celebration



September birthdays:

Children:

Anna
David M
Nicole
Sara
Eveline
Angelina
Isaac
Arabella-Blu
Isabella C
Hunter
Gabriel
Caio
Rylah
Brandon
Amelia

Staff:

Ms Michelle



Certificates and Achievement

Well done to all the children who have received a certificate this week!
At APSOL we celebrate children for various reasons and certificates can be awarded for the following:
Star of the week
Great effort
Kindness award
Maths Award
Writing Award
Portuguese Award
Reading Award
Headteacher Award

Children can receive Ambassador badges when they demonstrate excellent learning behaviours and a consistently positive attitude to learning, putting maximum effort in what they do.

September House Points





Each child is assigned to a House at the beginning of the year and the points have been reset for this academic year. It is incredible to see how much praise the children at APSOL get given how many points they have already achieved collectively!

Children are also able to see their points individually.

Children will participate in several house activities throughout the year. Children receive house points on a daily basis.

The winning house has a very special prize at the end of the year. Last summer the winning House attended a slime workshop! We wonder what the prize will be this year!



 Discoverers Click to Enter 1579 Points	 Expeditioners Click to Enter 1554 Points	 Explorers Click to Enter 1843 Points	 Navigators Click to Enter 1635 Points
---	---	--	--