



anglo.portuguese School of London

# MAY NEWSLETTER



Dear Parents and Carers,

Although May has been a short month with the half-term approaching, it has been a very busy month for all!

On 2<sup>nd</sup> May, at the Camões Talent Show “Camões Got Talent”, APSOL was proudly represented by two of our children, Ana and David, who co-presented alongside Miss Alexandra.

A very special congratulations to Christian, who won the talent show with a beautiful and engaging story about Guiné-Bissau and its colours.

We are very proud of all participants for their confidence, creativity, and enthusiasm.

*No dia 2 Maio, no espetáculo de talentos do Camões “Camões Got Talent”, a APSOL esteve representada por duas crianças, que apresentaram juntamente com a Miss Alexandra. Um agradecimento especial ao Christian, vencedor do concurso, com uma apresentação envolvente sobre a Guiné-Bissau e as suas cores. Estamos muito orgulhosos de todos os participantes pela sua confiança, criatividade e entusiasmo.*



Year 1 and Year 2 had a great time developing their sports skills at Trinity Fields on Tuesday 19<sup>th</sup> May.

On the first week of May, we celebrated Languages Week at APSOL. A massive thanks to the staff who led assemblies in other languages! Ms Naz - Arabic, Mr Daniel -Portuguese, Mr Benjamin - French, Mr Oscar - Japanese.

### David Attenborough 100<sup>th</sup> Birthday

We celebrated David Attenborough’s 100<sup>th</sup> birthday with a special assembly led by Ms Lucy, Assistant Headteacher.



### Rights Respecting School - event 1<sup>st</sup> June 2026

As part of the school's celebration of Dia da Criança (Children's Day in Portugal) each class will be doing some special activities linked to our continued work on promoting the UN Convention on the Rights of a Child. The older children in years 4 and 5 will be doing a whole days focus work on the UN's "OutRight Campaign" for children. This project will involve children learning about the UN's work on international aid and how they can become advocates for children's rights around the globe.



### APSOL Athletics Team - Winners of the Wandle Athletics League

Congratulations to our Year 4 and Year 5 Athletics Team for their fabulous participation in this year’s athletics league. We are so proud of your achievements and how well you have represented the school!

### Friday 22<sup>nd</sup> May - Character Education Day

On Friday 22 May we had a Character Education morning with a focus on developing Critical Thinking Skills - in particular, Debating skills. The children wore their own clothes and donated £2 towards the school fund. We raised a total amount of £138.81 which will support us with day-to-day purchases for the children. Thanks so much to everyone who contributed, much appreciated



Eva, Olivia, Marina, Amiah, kairo, Lydia-Isabella, Rodrigo, Vladimirs, Beatriz

We wish you all a great half-term, see you on Monday 1<sup>st</sup> June.

Marta Correia  
Principal



## ECO COUNCIL UPDATE MS LUCY



### Monday 1st June

As part of our celebrations for Dia da Criança (Children's Day in Portugal), our Eco Council is excited to be organising a Toy Swap on Monday 1st June.

On this day, children are invited to bring in a toy from home that they no longer use or need. When they arrive at school, they will receive a token in exchange for their donation. Later that day, all children with a token will be invited to visit the Toy Swap and choose a 'new-to-them' toy to take home.

If your child would like to take part, please ensure that the toy they bring in:

- Is in good condition
- Has no broken parts or missing pieces
- Has been cleaned, with any fabric items (such as soft toys) washed beforehand

We kindly ask that you talk to your child before they bring their toy into school and explain that they will be donating their toy and bringing a different one home. This will help ensure that all children feel comfortable and happy taking part.

Thank you very much for your support. We are looking forward to a fun and meaningful event for everyone!

Kind regards,

Eco Council



### Building works progress

#### Playdeck - First floor

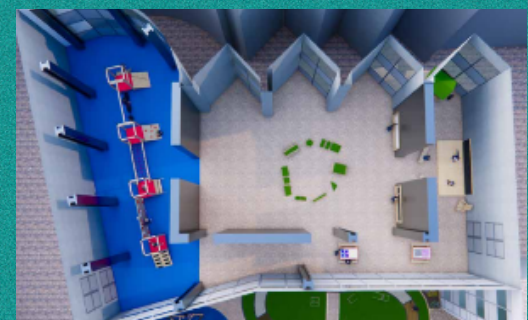
We are pleased to let you know that Kier will be starting the works to the playdeck on the first floor this June. This will involve adding fire protection to the steel structures as well as all the other safety measures that are needed to ensure the safety of all pupils.

We will be temporarily losing access to the courtyard as the works to the playdecks need to start in June. However, we will make temporary arrangements for the children to make the most of the outdoor space in local area with adequate play equipment.

#### Year 6 classroom

The classrooms on the ground floor will be ready to accommodate the Year 6 cohort in September as these works will take place during the summer holiday closure.

We are incredibly pleased to see the project finally taking off and would like to thank all our families for your support and patience.





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# PARENT INFORMATION



## PARENTS/GUARDIANS! EDUCATION WELLBEING SERVICE



### ANGLO-PORTUGUESE SCHOOL OF LONDON PARENT WORKSHOP



## Managing Big Emotions

JOIN US ON FRIDAY 12<sup>TH</sup> JUNE 2.45PM AT SCHOOL

We all experience big emotions. This workshop helps parents and carers to connect with their children so that big feelings are better understood and feel easier to manage.

The workshop followed by Q&A will be led by Dr Phoebe Wheeler, Clinical Psychologist

ALL PARENTS WELCOME

DO YOU HAVE CHILDREN AGED 3-11?

IS IT DIFFICULT TO GET YOUR CHILD TO FOLLOW YOUR INSTRUCTIONS?

DO YOU STRUGGLE TO GET YOUR CHILD TO SCHOOL IN THE MORNINGS?



DOES YOUR CHILD HAVE REGULAR TANTRUMS?



IS THE MORNING/BEDTIME ROUTINE A DAILY STRUGGLE?

DO YOU FEEL STUCK IN A NEGATIVE CYCLE WITH YOUR CHILD?

DOES YOUR CHILD FEEL ANXIOUS IN NEW / SOCIAL SITUATIONS?



DOES YOUR CHILD EXPRESS MANY WORRIES/FEARS AND SEEK FREQUENT REASSURANCE?

AN NHS WELLBEING PRACTITIONER BASED IN YOUR CHILD'S SCHOOL MAY BE ABLE TO HELP YOU!

### SELF-REFER TODAY!

ASK THE SCHOOL'S SENCO, HEAD, LEAD, CLASS TEACHER OR RECEPTION FOR AN APPLICATION FORM



SCAN THE QR CODE WITH YOUR CAMERA OR CLICK THE LINK BELOW TO FILL OUT AN ONLINE APPLICATION FORM

13 GUIDED SELF HELP FOR YOU TO SUPPORT YOUR CHILD'S WELLBEING



6-8 WEEKLY PARENT-LED SESSIONS TO HELP YOU REFLECT ON HOW TO GET THE BEST OUT OF YOUR CHILD AND LEARN TO PUT EFFECTIVE STRATEGIES IN PLACE SO THAT FAMILY LIFE CAN FEEL

If you would like to attend Dr Phoebe Wheeler's workshop on supporting parents with managing children's big emotions and the above behaviours, please register with Susan Spinola, school office by sending an email to [info@angloportugueseschool.org](mailto:info@angloportugueseschool.org) or call Tel: 0203 417 0905.



We can see APSOL in our future - can you?

For admissions information, contact us on 0203 417 0905

## Teaching Staff

<b>Reception</b>	<b>Year 1</b>
Ms Dina	Ms Erin
Ms Lauren	Ms Naz
	Ms Frankie
<b>Year 2</b>	<b>Year 3</b>
Ms Tazi	Ms Ellie
Ms Clare	Ms Jessica
Mr Michael	Ms Maddison
<b>Year 4</b>	<b>Year 5</b>
Ms Lucy	Mr Oscar
Ms Andrea	Ms Georgia

## SENCO

We are sorry to say farewell to Ms Perdie who has been the SENCO at APSOL. Ms Perdie is taking on a full-time role supporting young adults with needs. We wish her all the best and thank her for all her support with SEND at APSOL.

Ms Marta, Headteacher will oversee SEND until July. Ms Nicola Fleming will join as the new SENCO/Inclusion lead in September 2026.

For all admission queries please contact the school office 0203 417 0905 and arrange a tour

### Year 4



Over the past few weeks, Year 4 have been incredibly busy completing their home learning projects all about the Vikings.

The children were given the opportunity to explore different aspects of Viking life in school, including their homes, gods, travel, battles, and daily routines. They showed fantastic creativity and independence in the way they chose to present their learning. We were delighted to see such a wide range of projects, including detailed posters, informative fact files, models, artwork, and even some beautifully presented booklets.

Throughout the process, the children developed their research skills by finding and selecting key information, as well as organising their ideas clearly. They took great pride in presenting their work neatly and creatively, demonstrating a strong understanding of this fascinating period in history. It was wonderful to see the effort that went into the projects at home, and the children thoroughly enjoyed sharing their work with their classmates. Their enthusiasm for learning about the Vikings has been fantastic, and we are very proud of both their hard work and the high standard of their final pieces. Thank you for your continued support with home learning.

### Year 5

This term, Year 5 have been exploring the fascinating topic of plant reproduction in Science. The children have developed a strong understanding of the different parts of a flowering plant and their functions. As part of their learning, they also carried out a hands-on dissection of a flower, carefully identifying and examining each component to deepen their knowledge.

In Design and Technology, pupils have been applying their understanding of electrical circuits in a creative and practical way by designing and building their own "wobble bots." They explored how circuits work, experimented with different components, and used problem-solving skills to refine and improve their designs. The children showed great creativity and resilience as they tested, evaluated, and adapted their models to make them even better.



### Year 3

This term, Year 3 have begun to design and create Egyptian-style collars, developing their sewing and textile skills. They have used cross-stitch and appliqué for decoration and joining fabric and carefully cut and shaped their designs. The children added detail using techniques such as running stitch, while also attaching ribbon securely. They have explored different fabrics and discussed both the appearance and practical use of their material choices.





## Year R



Reception had a wonderful day exploring the beautiful grounds of the Chelsea Physic Garden during their exciting scavenger hunt adventure. The children enjoyed searching for different plants, flowers and natural treasures while learning all about the amazing world of nature around them.



Reception enjoyed engaging in imaginative role-play, taking on the roles of their class teachers, Ms Dina and Ms Lauren. They confidently acted out familiar routines, teaching phonics to their friends, reading stories aloud, and leading their own "All About Today" board. The children enthusiastically sang the days of the week and weather songs, demonstrating excellent recall and understanding of daily classroom activities.



Reception children developed their fine motor skills through a creative weaving activity using string. They carefully threaded and manipulated the materials, strengthening their hand-eye coordination and control. The children were encouraged to choose their own colours, allowing them to express their individuality and creativity. Some children even explored creating repeating patterns, showing great focus and an early understanding of design.

## Year 1



Y1 visited the London Transport Museum to consolidate their learning about transport in History. Y1 also had a great time at Trinity Fields enjoying a range of sports and developing skills.



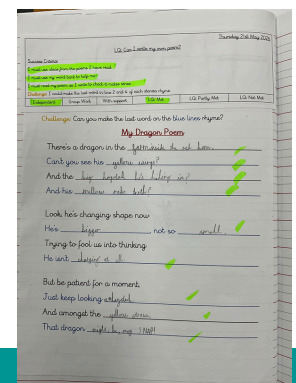
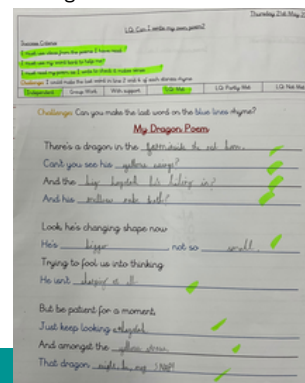
## Year 2

This half term, Year 2 have thoroughly enjoyed exploring a poetry unit all about dragons!

We began by learning the poem 'Cloud Dragon'. The children worked hard to memorise the poem and brought it to life by adding actions, helping them to understand the rhythm and imagery in a fun and engaging way.

Next, the children explored a range of dragon-themed poems to inspire their own writing. They carefully selected powerful and descriptive vocabulary, building their own word banks filled with exciting adjectives and imagery to describe dragons.

Using this preparation, the children then planned and wrote their own poems. They used 'Cloud Dragon' as inspiration but added their own imaginative ideas, creating unique and creative pieces of writing. We were very impressed with how they used descriptive language and poetic features to bring their dragons to life! We are incredibly proud of the children's enthusiasm, creativity, and effort throughout this unit.





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# ATTENDANCE & PUNCTUALITY MAY



## Attendance

	R	1	2	3	4	5	All Years
Attendance	96.06%	94.46%	96.02%	95.16%	95.66%	94.80%	95.39%

### Attendance Matters

Dear families,

We are on the trajectory to improvement in our biggest area for development - which is Attendance! Our target this year is **96%** at the end of the year, hopefully together, we will achieve this! Well done to **Reception and Year 2** for meeting the school target of 96%. Year 4 you are nearly there! Please continue to support us with achieving our target of 96% as a whole school!

It's very positive to see whole school attendance at 95.41% which is slightly above National.

**Congratulations to Our Reception and Year 2 Attendance Stars for May reaching school target !**



### Punctuality

School starts at **8:45am**. The best punctuality continues to be the younger children in Reception and Year 1. ★★★

	R	1	2	3	4	5	All Years
All	0.30%	0.59%	1.29%	2.47%	2.41%	1.15%	1.34%

**We need Lower Key stage 2 (Y3/Y4) parents to support us with improving our punctuality. Lateness not only affects the flow of the lessons for the children but also affects the late children's emotional wellbeing.**

Please remember school starts at 8:45am meaning all children should be at school then. If you need support with getting your child to school on time - see Ms Marta

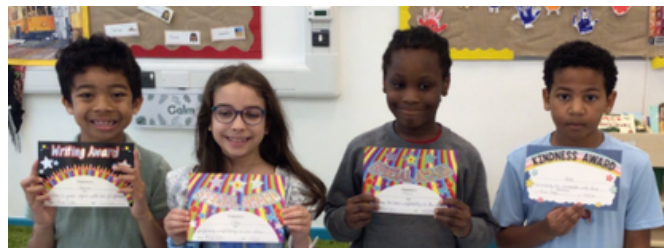
**School starts at 8:45am**

**Please ensure your child is at APSOL at 8:40am ready to start learning at 8:45am**



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# CELEBRATION ASSEMBLIES MAY



Well done to the Year 3 children who participated in the Year 3 mini Tennis Festival with All Stars Tennis at Southfields Academy.





# MAY UPDATES

## A MESSAGE FROM MS ALEXANDRA - PORTUGUESE

### A Journey from Angola to Portugal

This week, Year 5 had a very special visitor, Ivete Pereira, who shared an inspiring and personal story about moving from one country to another. The children had the opportunity to interview the special visitor, Ivete Pereira, who came to Portugal from Angola as a retornada when she was just 10 years old. Through her first-hand account, pupils learned about her feelings, her family's preparations, and what it was like to arrive in a new country and begin a new life. Her story also helped the children make meaningful connections with the experiences of the Windrush generation, as they reflected on themes of migration, identity, change, and belonging.

*Uma Viagem de Angola para Portugal  
Esta semana, o Year 5 recebeu uma visitante muito especial, Ivete Pereira, que partilhou uma história inspiradora e pessoal sobre a mudança de um país para outro. As crianças tiveram a oportunidade de entrevistar a visitante especial, Ivete Pereira, que veio de Angola para Portugal como retornada quando tinha apenas 10 anos. Através do seu testemunho em primeira mão, os alunos aprenderam sobre os seus sentimentos, os preparativos da sua família e como foi chegar a um novo país e começar uma nova vida. A sua história também ajudou as crianças a estabelecer ligações significativas com as experiências da Windrush generation, enquanto refletiam sobre temas como migração, identidade, mudança e pertença.*

### CLIL: Design and Technology in Portuguese

As part of a Content and Language Integrated Learning (CLIL) unit, Year 1 and Year 2 pupils took part in Design and Technology lessons in Portuguese. Throughout the unit, the children developed vocabulary related to food, instructions, and kitchen utensils while practising Portuguese in a practical and engaging way. Year 2 pupils prepared delicious wraps, following instructions in Portuguese and exploring different ingredients and flavours. Meanwhile, Year 1 pupils made healthy smoothies, learning to identify fruits and describe the steps of a recipe in Portuguese.



## CHARACTER EDUCATION AT APSOL

The focus for character education day this term was one of our school values of **'critical thinking'**.

To develop critical thinking, all classes participated in a debating activity.

For Early years and key stage 1: "would you rather" or "which is the odd one out" style debates; where children explain their arguments and reasoning.

For KS2 this could be a more formal style debate where children prepare arguments for or against a statement in small teams and then present to each other.

If you would like to continue to support your child at home with this important skill, please have a look at: Debating - BBC Teach

What is a debate? KS2 English - BBC Bitesize

Debating and presenting information - English - Learning with BBC Bitesize

## TENNIS ALL STARS UPDATE




Thank you so much for joining us at our Tennis Festivals on 5th May at Tooting Common and 8th May at King George's Park! It was fantastic to welcome over 200 children from 20 local schools across the two events. We loved seeing so much energy, enthusiasm and teamwork on court, and we hope everyone had a brilliant time discovering (or rediscovering!) tennis.

We'd also love to welcome your pupils back for more tennis throughout the year. Our **Junior Free Play** sessions run daily from 3-5pm, where children can play on our courts for free with equipment provided - a great way to keep active and continue building confidence on court.

We also offer:

- **Junior term time clubs** for all ages and abilities
- **Holiday camps** packed with tennis, games and fun activities

Thanks again for being part of such a fun couple of days. We hope to see many of your pupils back on court soon!




020 8871 4706  
allstartennis.co.uk  
info@allstartennis.co.uk



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# SPORTS EVENTS



## Wandsworth School Games

26 March	Y5 Spencer Lynx Hockey Club	Team - 12
29 April	Y4 Netball Burntwood School	group of 10 children
5 May	Y3 Tennis Tooting Common	group of 10 children
19 May	Trinity Games	Y1 AM / Y2 PM
2 June	Y5 Cricket - Spencer Cricket Club	group 10 girls
2 June	Trinity Shield Y4 Cricket	Whole class
8 June	Y5 - Dynamos - cricket tbc	Team - 8
16 June	Y5 Cricket festival	Group of 10 children
<b>19 June</b>	<b>APSOL SPORTS DAY Trinity Fields</b>	<b>Whole school</b>
<b>26 June</b>	Swimming Gala	24 Swimming reps from each House
30 June	Y3 Cricket Festival Spencer Cricket club - AM	Group 10 children
30 June	Y4 Cricket Festival Spencer Cricket club - PM	Group 10 children

## Wandle Sports League

Congratulations to our Athletics Team for winning the Wandle Sports League this term!



## Wandsworth School Games

A massive well done to our Athletics Team who won the Athletics Games as part of our participation in weekly activities in the Wandle Sports League

## APSOL Swimming Gala: 26 June



# Celebration



## May birthdays:

### Children:

Alexandre  
Amiah  
Lara  
Isabel  
Qays  
Eyas  
Harry  
Georgie  
Chloé  
Emilia  
Maria Luisa  
Rita

Staff: Ms Lucy



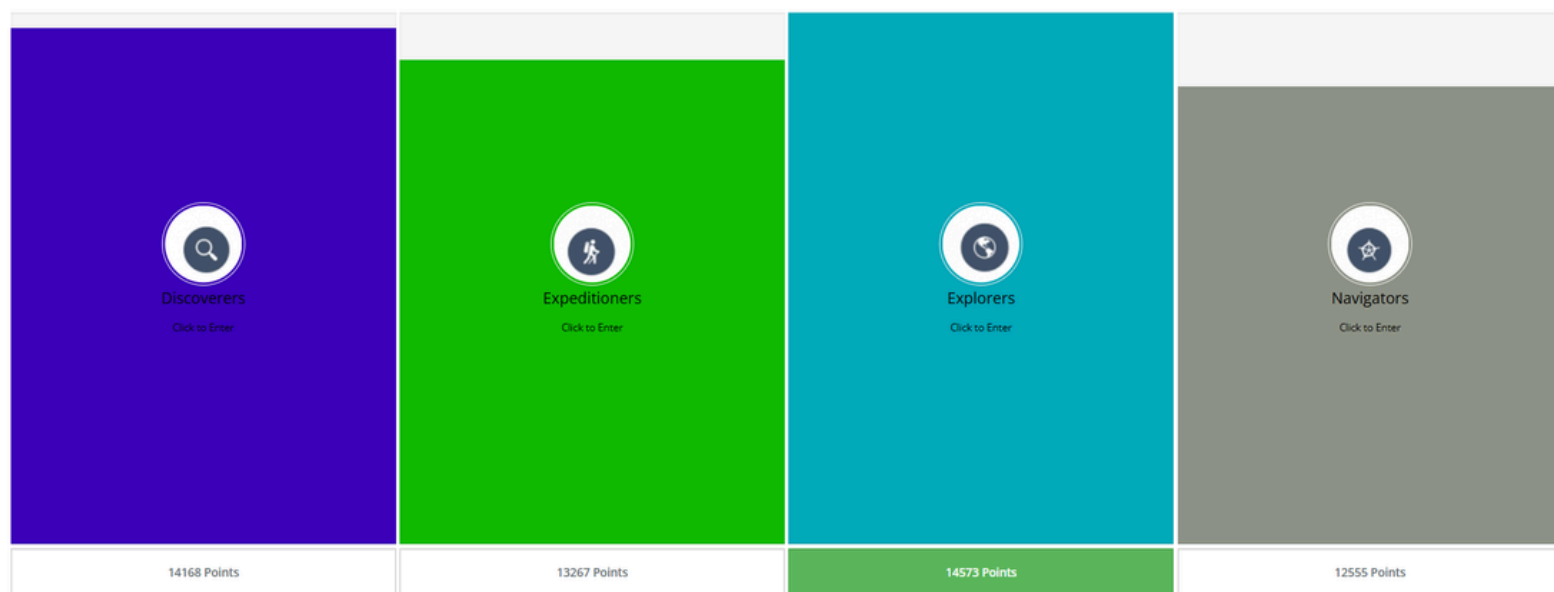
## May House Points

Each child is assigned to a House at the beginning of the year and the points have been reset for this academic year. It is incredible to see how much praise the children at APSOL get given how many points they have already achieved collectively!

Children are also able to see their points individually.

Children will participate in several house activities throughout the year. Children receive house points on a daily basis.

The winning house has a very special prize at the end of the year. Last summer the winning House attended a slime workshop! We wonder what the prize will be this year!



Your child is assigned a House when they join APSOL; siblings are placed in the same House so that parents don't have to split their support.

# Parent Information



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School of London



JOIN OUR

## RECEPTION CLASS SEPTEMBER 2026

Submit your  
application by 15<sup>th</sup>  
January 2026

- Was your child born between 1/9/2021 – 31/8/2022?

Then they need to join Reception!

- Deadline for applications was 15<sup>th</sup> January via your local authority of residence. If you missed the deadline, please contact our school administrator.



### Contact:

info@angloportugueseschool.org  
Tel 0203 417 0905

### Volunteers

We welcome volunteers for reading and helping out at APSOL.

Before anyone volunteers at APSOL they have to undergo a robust vetting process as part of our safeguarding procedures and an enhanced DBS check.

If you would like to volunteer, please contact the school office for a volunteer application pack.

### Clubs Summer Term

Clubs bookings for the Summer Term are now open!

You can access all our summer term clubs by following this link:

<https://angloportugueseschool.org/wp-content/uploads/2026/03/APSOL-Summer-Term-Clubs-2026.pdf> or on our website Parent Zone

### Medication Administration requests:

If your child needs to have medication at school such as antibiotics, please complete this form:

<https://forms.gle/UEEFnSWQ3K6sYwAx8>

### Is my child too ill for school?

Please check this [NHS Guidance on what to do if your child becomes unwell with early childhood illnesses:](#)

### School start time: 8:45am

Please ensure your child is in at this time so that they are well prepared and settled for the morning.

### School finish time:

3:50pm Reception, Year 1  
4:00pm Y2,3,4,5

### Reporting absence:

Please contact the school office on your child's day of absence to report the reason for absence. You can also provide this via the MCAS app.

### In-year admissions into other year groups:

If you know anyone who would like for their child to join APSOL, please ask them to complete our in-year admission form

<https://forms.gle/JKKhywo5nC9esQmRA>

For more information on school meals, please visit our school website:  
<https://angloportugueseschool.org/school-meals/>